

PBE Zoom Meeting Minutes 17-02-2021

Present: 30 people this time.

This week's Zoom meeting.

60 Seconds from everyone:

60 seconds from each of us, seeing how we've got on the past week and also how we can help each other in business and any other way.

Mark Taylor – Aspire Electronics and FSB

The FSB magazine. Mark managed to get his editorial in the magazine this week for free. Many copies have gone out around the UK as well as digitally as well. Any FSB member can submit editorials for the magazine!

Jennifer Ellyatt – Insolvency Practitioner

Brings calm where there is often panic. Recently helped a scared lady who had the bailiffs with her. Jennifer helped her understand the situation, be calmer, and be able to think and plan for the future.

Bernie Rainer-Guy – Cloud IT as well as Events Company

Bernie's IT company looks after all of the Microsoft cloud software and can help you with this in your business. As well as that the events company which Bernie runs which provides all events equipment and can manage whole events, both very large events as well as smaller ones.

Matt Valentine – Website Services

I take away any frustrations you might have with your website. If you want to learn more about how I can help your business, let's have a chat!

Patricia Wakeford – Enable Law

Help people who have had an issue with medical treatment. 15 years helping people with this. 15 years ago it was very hard to get the NHS to help and agree things. Nowadays, it's a much more streamlined system and it's easier to help people now who have suffered.

Dianne Gill – Dementia Support

Helps people and their families who are dealing with dementia. A new pack for people is being created. It's the 5th edition and goes out to people with dementia and the elderly who would benefit from these.

Marc Smith – The GHS Group

You need Marc in the morning to make sure the heating is on and working, the hot water is working and the showers aren't ice cold. For heating services speak to Marc.

Gayle Tong – Enrichment Coaching

Live workshop to build your confidence. If you're stuck in your comfort zone, struggling with your inner critic, worried about your what ifs? Come and join Gayle next Tuesday 23rd Feb 10-12. £40 to attend

John Plumridge – Curtis Plumbstone Associates

Helps company owners pay less tax.

Stu Radcliffe – Wintercomms

Help companies with their communications and technology. People like to buy local and Stu can provide local phone numbers that you can use for your business. From as little as £5 – speak to Stu

David MacAskill – A1 Print

Print, embroidery and engraving. At A1, we get things right. Great visual recommendation for David from Tom Worley.

Jade Scotney – Rebellion Marketing

Specialise in social media, content writing, blog writing, PPC and all that stuff. If your business isn't growing, go and talk to Jade and she can help you!

Melanie Griffith – The Movement Junkie

Awesome workout from Melanie. Melanie is the movement junkie and she does online zoom dance classes.

Lora Couzens – Pink Spaghetti

Virtual PA. Looks after all kinds of clients. The latest client is having a regular newsletter created for her and the responses will be fed back to the client.

Omar Lakhssassi – Portsmouth Uni

Provides degree apprenticeships for your staff on all kinds of subjects. Speak to Omar for more.

Paul Roase – Voiceover artist

Voiceover artist doing work all over the world. What could your business do with a professional voiceover, like a professional voicemail. Remember talk is cheap, until it's priceless.

Lincoln Noel – The Music Maestro

Recently did two live concerts, one of them had over 10,000 views. For online concerts or for music grams, then come to speak to Noel and he can give your loved on a great music gram, for Birthdays or Mother's Day. Great work!

Emily Parkes – Portsmouth City Council

Engagement officer working with local businesses. The funding for the clean air zone has opened this week! If you have vehicles you think might be effected by the clean air zone, then get in touch.

Also running focus groups regarding the air quality in the city. If you want to be part of the focus group please apply to Emily.

Sharon Murray – LinkedIn Confidence Coach

Getting you real and consistent results in LinkedIn. Running a boot camp on Monday for anyone who needs help with LinkedIn. Get in touch with Sharon to be part of it. It should be fun!

Chris Handley – Anchor Insurance

General Insurance broker, covering all kinds of insurance from personal, business, commercial and anything else! Chris would love to help you with any insurance queries or anything, no obligation!

Tom Worley – Financial Advisor in Southsea

Helping people regarding their bounce back loans, as well as some people with their pensions. Another speciality is putting business premises into people's pensions. Looking for introductions to business owners in the military who buy "widgets".

Cynthia Moore – Transformation Coach

Cynthia believes that everyone has the potential to do so much! Works with professionals, entrepreneurs, helping people unlock their potential. With the current lockdown and now that it's cold it can be tricky. A quick tip, don't worry about things that have happened in the past, or worry about things that "might" happen. Just think about the here and now and what you can do right now. This helps bring things back into perspective.

Ali Dolphin – Freelance digital marketing consultant

Helps people with web design, social media, SEO and digital marketing. Quick tip, make sure your website is super fast as Google does not like slow sites, so you won't be appearing at the top of Google.

Sandra – Business Transfer Agent

Assist any business owners who are looking to sell their business. Do a business appraisal, to work out its value, then look to market the business, all the way through to the sale!

Simon Brand – Enhancico Ltd, business improvement coach

Recently working with a florist, modelling what their year will look like, working out their profit, growth and if this is all feasible with the time. If you need help with your numbers, speak to Simon Brand.

Olly Clarke – Pet Portrait Photography, Jigsaw maker and also Forex trading

Olly is in the paper this week with his fantastic jigsaws.

Phil Mundy – VIA Business Consulting

Helps businesses get the results they deserve. A recent client who came via a free consultation, Phil's looking at all the future advantages that are coming their way in this current climate. Phil concentrates on People, Purpose and Process.

Sandy Doyle – Hypnotherapist

Specialises in PTSD and Trauma. It's not just associated with the Armed Forces. Any kind of trauma could trigger PTSD. Speak to Sandy to find out more.

If you're struggling with the current lockdown, try changing the mindset from, I'm stuck inside, to I'm keeping myself and family safe!

Penny Plimmer – JAPICS Photography

Advertising and Portrait photographers. We also photograph widgets! Recently co-authored a Lockdown book that has been published and available to buy. Speak to Penny for more.

10 Minutes from Michael Osman as our Prime Minister, Boris Johnson



Asking questions from the PBE to the Prime Minister. Absolutely Brilliant!!!

Great British Radio is launching very soon! Just say to Alexa, “Alexa, enable the Great British Radio skill!”, and you’ll then have Great British Radio on there.

Next week’s meeting:

Get booked on now 😊 <https://www.portsmouthbusinessexchange.co.uk/pbeonline/>

Please look to invite people 😊. Everyone must book on here though please:
<https://www.portsmouthbusinessexchange.co.uk/pbeonline/>