

## PBE Zoom Meeting Minutes 14-04-2021



Present: 25 people this time.

This week's Zoom meeting.

### **60 Seconds from everyone:**

60 seconds from each of us, seeing how we've got on the past week and also how we can help each other in business and any other way.

### **Patricia Wakeford – Enable Law**

Helps people who have had injuries from a medical procedure. Recently helping a young girl who needs therapy and equipment after she suffered a bad injury at birth. Patricia is able to make her life a bit easier.

### **Zelda – V2 Radio**

Media Sales Consultant for V2 Radio. Looking to help people and help with any advertising opportunities with V2 Radio, now available in the Portsmouth area.

### **Abbie Ede – Abbie Ede Design**

Graphic design, covering all of the graphic design services. Abbie has a discounted offer for PBE members. The more you work with Abbie, the more discount you can get.

### **Fiona Heath – The Solent Celebrant**

Funeral Celebrant, carries out customised end of life services for your loved ones. Contact Fiona for more information.

### **Jess Clements – V2 Radio**

Local Radio. Jess offers advertising opportunities for V2 Radio which covers Portsmouth area as well as Hayling Island, Emsworth, etc. Proper, local radio!

### **Matt Valentine**

My job is to take away any frustrations you might have with your website.

Is your website doing what you want it to? Does it look how you want it to? and more importantly, is it performing how you want it to?

If you answered no to any of the above, have a chat with me and I might be able to help.

### **Ali Dolphin – McGinn & Dolphin**

Ali helps you shine online with his business. Website design and email marketing agency. Ali can help ensure your website is running as fast as it should, something that is important with Google!

### **Tom Worley – Financial Adviser**

Financial advisory service in Southsea. 95% mortgages are back on houses up to £600k. This week Tom has been looking after clients moving back to Australia. Helping them create a retirement plan.

### **Sandra Spurling – Business Sales Plus**

Helps her clients sell businesses as well as buying businesses. Sandra can help you through every step of the way all the way to the end.

### **Ros Thompson – Bach Flower Practitioner**

Works with Bach Flower remedies to help with anxieties, sleep, pains and allergies. Ros has a wealth of experience and is able to help. Get in touch for more.

### **Melanie Griffith – The Movement Junkie**

Melanie helps people move more and specialises in helping people to get up and move around and dance. Melanie runs online dance classes as well as offline ones. Contact Melaine for more info!

### **Claire Johnson – Bluebell Admin**

April, new tax year! What measures are you going to put in place to stay on top of things. Xero and Sage accredited. Also can help with websites and SEO. If you know anyone that sticks receipts in draws and forget about things, get them in touch with Claire.

### **Stu Radcliffe – WinterComms**

If you need a new SIM, tablet or a handset, Stu can help you with this. Looking for people that want to reduce their mobile expense and increase their productivity. Get in touch with Stu.

### **Chris Hutber – Nano Spike**

Nano Spike is an anti-bacterial spray that can stop viruses (including Covid) from spreading for up to 1,000 touches of a surface. It's great for touch screens and surfaces that have constant use. There is a professional version of nano spike and a domestic spray available.

### **Chris Handley – Anchor Insurance**

General insurance broker, can help you with all of your insurance needs, personal, holiday, car, commercial, car fleet, businesses, etc. Chris is happy to help anyone with their insurance needs and happy to give his advice to you.

### **Sandie Doyle – Hypnotherapy**

Hypnotherapist specialising in trauma and PTSD. Recently seen a client who has been really suffering and not getting the support they needed. After one session they were able to travel in a car without any issues and see some of their family. Sandie helps people get rid of their demons.

### **Cynthia Moore**

Helps business owners and entrepreneurs see things clearer in order to see what they want to achieve. This often leads to better results for them and their businesses. One of things that Cynthia has been working with on a client is a situation where the client had a very different perspective to what the reality was. She helped her client realise this and then move forwards to improve the situation.

### **Dianne Gill – Dementia Support**

Dementia Support and also run Sage House, the only house in the UK looking after people and their families suffering with dementia. Recently helped a family member and help them with a way forward with their relation suffering with Dementia.

### **Phil Mundy – VIA BC**

Helps businesses change the way they work to get the results they deserve. One of the things Phil works out right at the start what is happening in their business and to make sure they are aware of this, before Phil can then move forward and help improve their business.

### **Bernie Rainer-Guy – Whiteley Events**

Whiteley Events provide equipment and can manage all kinds of events around the UK, from small functions, up to large UK gigs and festivals. Doing a series of Events in Liphook in July. Meadowside festival in Whiteley is going to happen this year on 24<sup>th</sup> July. Eastbourne bandstand there will be a Chic tribute. Also the postponement of VE day from last year will happen on 24<sup>th</sup> September at Lee-on-the-Solent.

### **Omar Lakhssassi – University of Portsmouth**

The University of Portsmouth offers apprenticeships for your employees, allowing them to earn degrees whilst their still employed. There is a wide range of apprenticeships available at the University. Have a word with Omar for more.

### **Carolina Gouveia – Business consultant**

Help my clients with a lot of research. Specialises with sustainable businesses, and help clients who are startups. Carolina also works for University of Portsmouth and can offer free energy efficiency audits for those companies that are eligible. Get in touch with Carolina if you want to know more.

### **Penny Plimmer – JAPICS Photographers**

Advertising and corporate photographers. Penny can help you tell your story about your business and your products through memorable, high quality images. Who do you know who needs much better images and wants to help tell their story of their business and services better?

### **Lincoln Noel – Music Maestro**

Lincoln has been very busy doing loads of telegrams this week. Lincoln can create telegram for anyone and has the creativity if you struggle to know what to do. Contact Lincoln for more information on what he can do! 😊

### **Marc Smith – The GHS Group**

Please buy boilers, air conditioners and have your bathrooms fitted by Marc! Simple 😊

**60 Seconds Winner for this week – Dianne Gill from Dementia Support.**

**Next week's meeting:**

Get booked on now 😊 <https://www.portsmouthbusinessexchange.co.uk/pbeonline/>

Please look to invite people 😊. Everyone must book on here though please:  
<https://www.portsmouthbusinessexchange.co.uk/pbeonline/>