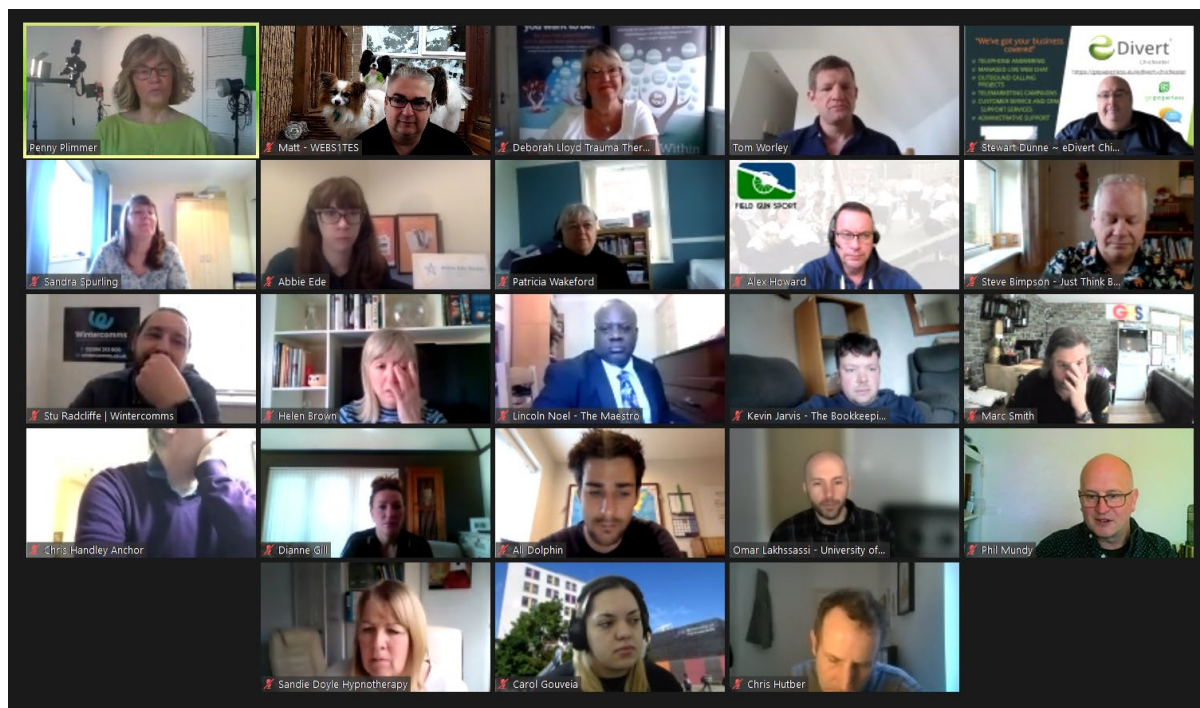


## PBE Zoom Meeting Minutes 21-04-2021



Present: 24 people this time.

This week's Zoom meeting.

### 60 Seconds from everyone:

60 seconds from each of us, seeing how we've got on the past week and also how we can help each other in business and any other way.

### Phil Mundy – VIA BC

Help businesses change the way they work to get the results they deserve. If you know any companies that could do with Phil's help, let them know that VIA is the way to go.

### Marc Smith – GHS Group

As the weather warms up, if you work in a room that has AC, it's going to need servicing. GHS can carry out all your AC requirements. As well as of course, heating, plumbing and kitchen installs.

### Deborah Lloyd – Trauma Therapist

What is it that's holding you back? It's often a trauma that's happened when you were younger. Deborah can help you work out what's buried in the sub-conscious and then deal with it.

### **Tom Worley – Financial Advisor – Worley Financial Associates**

As well as being a Financial Advisor. Recently taken on a role as the leader of the largest Navy reserves. Tom's doing his 10 minutes this week.

### **Stewart Dunne – eDivert Business Services**

Telephone answering services, follow up calls, managed live web chat and lots more to help you carry on with what you do in your business.

### **Sandra Spurling – Business Sales Plus**

Sandra can help you buy or sell your business. She can help you right from the start and through every step of the process, ensuring you get the best deal possible.

### **Kevin Jarvis – The Bookkeeping Team**

We can help all businesses with their accounts, VAT, books and any kind of accounts services. We can help you move from your old paper-based systems on to online.

### **Abbie Ede – Abbie Ede Design Services**

Abbie does all kinds of graphic design, posters, banners, flyers, business cards, logos, social media graphics, adverts, etc. Abbie has a special deal available to PBE members. Get in touch to learn more.

### **Carol Gouveia – Business Consultant**

Carol can help businesses that have ideas and helps them get to the next step of their business. Carol works with the University of Portsmouth and is currently looking to help business get carbon negative. There are workshops available at the University to help understand more about getting carbon neutral and to reduce plastics.

### **Patricia Wakeford – Enable Law**

Patricia helps her clients get a better quality of life after they have been injured as a result of a medical procedure. Patricia is able to get her clients compensation which helps them.

### **Alex Howard – Field Gun Sport**

Runs a business that trains a team for competing with Field Guns. The kind of things that you'd see at Earls Court on the TV. Alex is forming a team to compete with later in the year.

### **Steve Bimpson – Just Think BIG**

Steve helps businesses get think big and get to where they want to be. One of the main issues that companies have is cashflow. Steve is running workshops on this and everything he shares will help you improve your cashflow! Contact Steve for more.

### **Matt Valentine**

I'm a website designer, and I design and build websites as well as helping people get to the top of Google. My job is to help businesses stand out from the crowd and to get them more leads, enquiries and sales

### **Chris Hutber – Nano Spike**

Hygiene product for the UK and for combatting Covid-19. There are three products, treated face masks, air purifier spray and also a surface spray that once sprayed on a surface it will last for up to 1,000 touches.

### **Stu Radcliffe – Wintercomms**

Do you know anyone who is moving office? Stu can provide you with new phone setups and SIMs, etc. Stu can provide services that are fantastic value and offer so many benefits to the customer.

### **Olly Clarke – Pet Photographer**

If you're looking for your pets to be photographed then speak to Olly. He can photograph your pets in his studio, which is now open again!

### **Chris Handley – Anchor Insurance**

General insurance broker. Chris can help you with all kinds of insurance, whether it be personal, commercial, business, car, car fleet, home, holiday, etc. 😊 Chris is happy to help you where he can.

### **Dianne Gill – SAGE House**

Sage House and Dementia Support. Officially launching their new website on Thursday and Dianne is asking if everyone could do a post on 12:30 about the new website.

### **Ali Dolphin – McGinn & Dolphin**

Ali helps to improve clients with their digital footprint. Ali is looking for clients whose Website hosting is coming up for renewal and he can offer a better service at a great value.

### **Sandie Doyle – Hypnotherapy**

People who have weight issues is often because of a trauma that's happened in their life in the past. It can often be what's triggered their weight issues. Sandie can help people realise this and also help the clients deal with this as well as dealing with the trauma.

### **Helen Brown – Home Stead Portsmouth**

Today is the 9<sup>th</sup> Anniversary of saying goodbye to her Mum. Helen believes that all people deserve the very best in care and Helen's mission is to ensure they all get the same great care that her Mum received.

### **Omar Lakhssassi – University of Portsmouth**

Helps people gain a degree in higher education via apprenticeships. If you need to know any more, please get in touch with Omar.

### **Lincoln Noel – The Maestro**

Lincoln can provide musicgrams to your loved ones for their birthdays or for any special event. Lincoln had a live interview in Australia earlier (hence dressed in the suit). Lincoln can perform in person at weddings, or any big event where you want a true professional to be performing for you.

### **Penny Plimmer – JAPCIS Photographic**

Corporate and Commercial photographers, can help you get fantastic photos for your products, or head shots or any parts of your business. Penny's studio is now open for business again.

Ten Minutes by Tom Worley of Worley Financial Associates

Tom can provide a comprehensive range of solutions. Look at Tom like a financial GP.

Tom can help with your business financial planning.

**60 Seconds Winner for this week – Ali Dolphin**

**Next week's meeting:**

Get booked on now 😊 <https://www.portsmouthbusinessexchange.co.uk/pbeonline/>

Please look to invite people 😊. Everyone must book on here though please:  
<https://www.portsmouthbusinessexchange.co.uk/pbeonline/>