

PBE Zoom Meeting Minutes 26-05-2021



Present: 20 people this time.

This week's Zoom meeting.

60 Seconds from everyone:

60 seconds from each of us, seeing how we've got on the past week and also how we can help each other in business and any other way.

Marc Smith – GHS Group

Local heating and plumbing company covering the fareham, gosport area as well as surrounding areas. Looking to recruit more heating and plumbing engineers. Now is a great time to get your boiler serviced.

Sandra Spurling – Business Sales Plus

Business transfer agent, Sandra helps people looking to sell their business. She can help every step of the way from valuing the business, all the way through to completion. Looking for retail shops, engineering companies, cafes and bars that might be thinking about selling.

Amanda Cook – The Bookkeeping Team

Accounting company, can look after your book keeping, your accounts, make tax digital, can work and help train people in using Xero and Quickbooks, etc.

Cameron Miller – Chichester Corporate Finance

Finance company based in Chichester focusing on business finance and helping businesses get funding and finance. If you're looking for a recovery loan scheme, then speak to Cameron.

Heather Hulbert Designs

Works with females and entrepreneurs and is looking for people looking to put the spark back into your business and update your brand.

Debbie Lidgard – Soul Balance Holistics

Debbie helps with trauma, from the past and also any current trauma. Debbie can help remove the pain that you might have from any past experiences. This can be done alongside any medical treatment.

Matt Valentine

I'm here to help people whose websites are letting them down.

Tom Worley – Financial Advisor in Southsea

Last week was a bit of a shocking week with some sad news. Two unfortunate situations where it showed how important it is to have a good financial set up. Speak to Tom to get yourself set up and in a good position.

Fiona Heath – The Solent Celebrant

Fiona carries out bespoke celebrations for your loved one's funeral. Fiona really gets to know the person you're celebrating and what they would absolutely love.

Steve Bimpson – Just Think Big

Steve is on a mission to increase the success of small businesses. Steve runs free workshops and runs mastermind groups to help small businesses improve the success of the business. If you're not clear on how to move forwards with something, speak to Steve!

Patricia Wakeford – Enable Law

Helps people who have suffered an injury after medical treatment. One tip from Patricia, if you have had an injury after medical treatment, make sure you go to a solicitor who has a track record with helping people in this area. You need experts because it's very hard to prove this.

Sarah Dupont – Hypnotherapist and Healer

Sarah has started seeing clients again. Hypnotherapist, past life regression, Oracle card reading and also Reiki healing. It's been great seeing clients face to face again.

Carla Khan – Box Chilli

Lead generating creative and digital marketing agency. Works with all kinds of businesses. We help you make your website work better. All kinds of graphic design and website elements.

Dianne Gill – Sage House and Dementia Support

We support people and their families living with Dementia from prior to diagnosis and throughout their journey. New well being packs have now arrived and are ready to be sent out. Anyone who is elderly, isolated and would like a well being pack, contact Dianne.

Lincoln Noel – The Music Maestro

Lincoln has launched a wedding course, that is due to be launched on 1st June. Perfect for people who are looking to get married and want the day to be perfect. Lincoln can also perform at your wedding, anniversaries, birthdays and any big events. Anybody looking to get married and wanting a unique wedding and civil ceremony, put them Lincoln's way.

Chris Handley – Anchor Insurance

General insurance broker. Deals with most types of insurance, commercial, taxi, personal, business, etc. There's a lot of choice on the Internet these days and Chris is more than happy to give you advice on what to do and what to get.

Omar Lakhssassi – University of Portsmouth

Degree apprenticeships at the University of Portsmouth. Omar can help your employees get degrees whilst they work, through degree apprenticeships. Speak to Omar for more.

Sandie Doyle – Hypnotherapist

Specialise in PTSD and Trauma. Been seeing a lot of people recently from the emergency services, ambulance department in particular. The stress that these people are under is often not thought about. The stress builds for them and Sandie can help. If you know anyone with more stress than normal, please pass them on to Sandie. The therapy for stress that Sandie does is often “wide awake therapy”.

Carol Gouveia – University of Portsmouth

Provide support and help small businesses who want to be green and work towards being carbon negative. Speak to Carol to learn more and Carol has some workshops coming up.

Penny Plimmer – JAPCIS Photographic

Advertising and Corporate photographs. Penny can do all kinds of photos for you, for head shots, product shots, office and business premises, etc. Currently doing a big photoshoot for Boots, getting ready for Christmas!

We had a breakout room this week where we learnt more about each other and had to say one thing we'd learnt about each other. Very interesting.

60 Seconds Winner for this week – Sandra Spurling

Next week's meeting:

Get booked on now 😊 <https://www.portsmouthbusinessexchange.co.uk/pbeonline/>

Please look to invite people 😊. Everyone must book on here though please:
<https://www.portsmouthbusinessexchange.co.uk/pbeonline/>