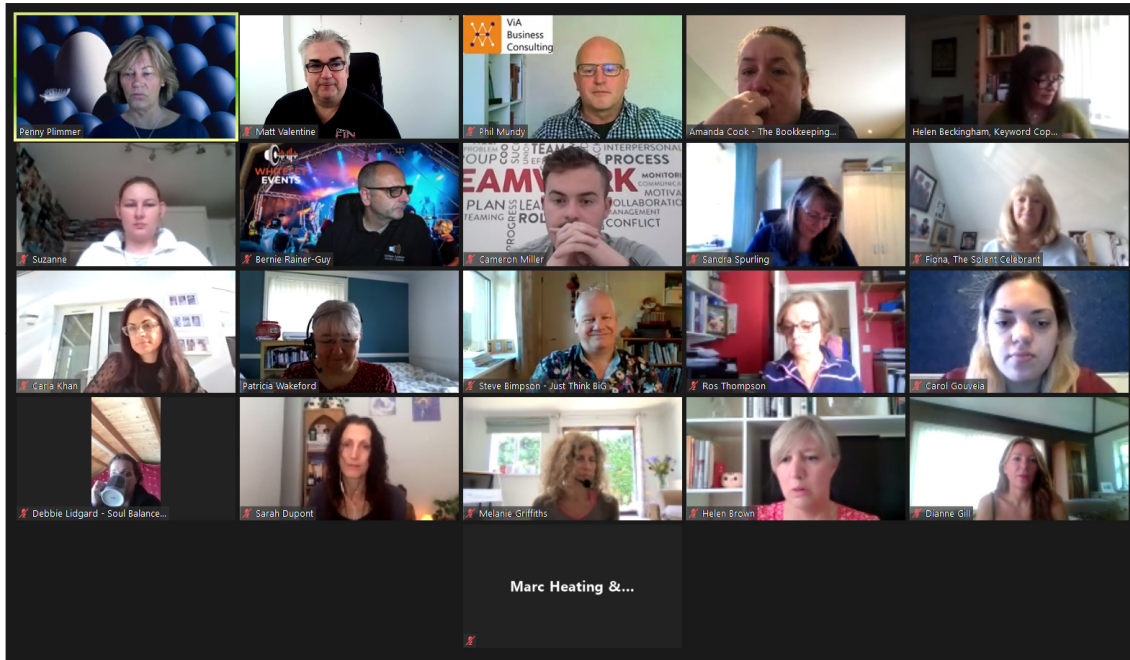


## PBE Zoom Meeting Minutes 23-06-2021



Present: 21 people this time.

This week's Zoom meeting.

### **60 Seconds from everyone:**

60 seconds from each of us, seeing how we've got on the past week and also how we can help each other in business and any other way.

### **Fiona Heath – The Solent Celebrant**

Fiona can create a personal, unique ceremony for you or your loved one's funeral which create beautiful memories to last a lifetime.

### **Suzanne Long – HR Office Limited**

We understand all the HR problems that companies constantly face. We can help you with any HR questions or concerns.

### **Carla Khan – Box Chilli**

Lead generating and branding agency. Social Media is one of the arms we have within our business. We can provide both proactive and reactive services at very competitive rates. To learn more have a chat with Carla.

**Ros Thompson – Batch Flower Consultant**

Recently had two new clients to work with Batch Flower remedies to help with chronic fatigue and ME. Roz has had recent success with people with long Covid.

**Debbie Lidgard – Soul Balance Healing**

Recently helped a client out of hours who had an emergency and Debbie was able to help them ease her pain. Debbie is always willing to help people.

**Bernie Rainer-Guy – Events Management**

Whiteley Events – Bernie provides the equipment and manages events for people. Anything from very large events and festivals, down to smaller intimate events.

**Cameron Miller – Chichester Corporate Finance**

Can source funding that any business might need. Recently helping out with a business mortgage. Also helping a new car sales company start up. If you need any help with business finance, speak to Cameron.

**Amanda Cook – The Bookkeeping Team**

The Bookkeeping Team can do all kinds of accounts and bookkeeping for you. They can do one element of your accounts, or can manage all your accounts for you.

**Phil Mundy – VIA BC**

Phil helps business get the results that they deserve. Lots of changes have happened during the Covid times. What things are you looking to carry forward from the changes you have made during Covid?

**Sandra Spurling – Business Sales Plus**

Business transfer agent. Sandra helps businesses who are looking to sell their business. All the way from valuation through to completion. Selling a business can be stressful and time consuming. Sandra can take all that away for you.

**Dianne Gill – Dementia Support**

Supports people and their families who are dealing with Dementia at all stages. Sage House is booming again with all the customers back and it's lovely to see everyone back. Dementia Support are looking for a place for their second property.

**Melanie Griffith – Movement Junkie**

Melanie helps you move! Melanie offers all kinds of dance classes both online and offline (in person!). Melanie specialises in people who think they can't dance, as well as those looking for a fun regular workout.

**Sarah Dupont – Hypnotherapist.**

Hypnotherapy for positive change. Helping you make the change you want to make. Any questions please just ask Sarah.

**Steve Bimpson – Just Think Big**

Steve's on a mission to improve success rates for small businesses. Steve has mastermind groups for small businesses that helps their business succeed and improve. Steve has an upcoming workshop and has 1 space left. Speak to Steve to learn more.

**Patricia Wakeford – Enable Law**

Patricia helps people who have suffered an injury after a medical treatment. Recently Patricia tried out a skeletal suit that helps Patricia's clients to walk again.

**Marc Smith – the GHS Group**

Based in Gosport and covering the surrounding areas. Heating and plumbing. Air conditioning is busy at the moment. Do you have a maintenance plan for your heating? What does it cover? Are there any surcharges in the small print? Have a look at GHS's maintenance plans as they offer great value compared to the competition.

**Helen Beckingham – Keyword Copywriter**

Copywriter. Helen specialises in SEO copywriting. Finding the right keywords for your website, so that people can find your website on the search engines.

**Matt Valentine – Pink Fin Ltd**

I create business websites that increase sales for my clients. I'm here to help people whose websites are not bringing them business.

**Helen Brown – Home In Stead Portsmouth**

We eradicate loneliness with older people in our area, by enjoying time with them. Whatever is important to them, is important to us. Have a chat with Helen to learn more.

**Carol Gouveia – Portsmouth of University**

Provide access to student projects and also are able to carry out green business audits. We help clients work towards being carbon neutral.

**Penny Plimmer – JAPCIS Photographic**

Advertising and Corporate photographs. Penny can do all kinds of photos for you, for head shots, product shots, office and business premises, etc. Penny can help you stand out from the crowd with fantastic photography. Last week Penny was doing a photo shoot for a beauty business.

**This week's presentation is by Helen Beckingham about Writing Emails.**

**This presentation is being recorded.**

**60 Seconds Winner for this week – Marc Smith and his boiler maintenance plans**

**Next week's meeting:**

Get booked on now 😊 <https://www.portsmouthbusinessexchange.co.uk/pbeonline/>

Please look to invite people 😊. Everyone must book on here though please:  
<https://www.portsmouthbusinessexchange.co.uk/pbeonline/>