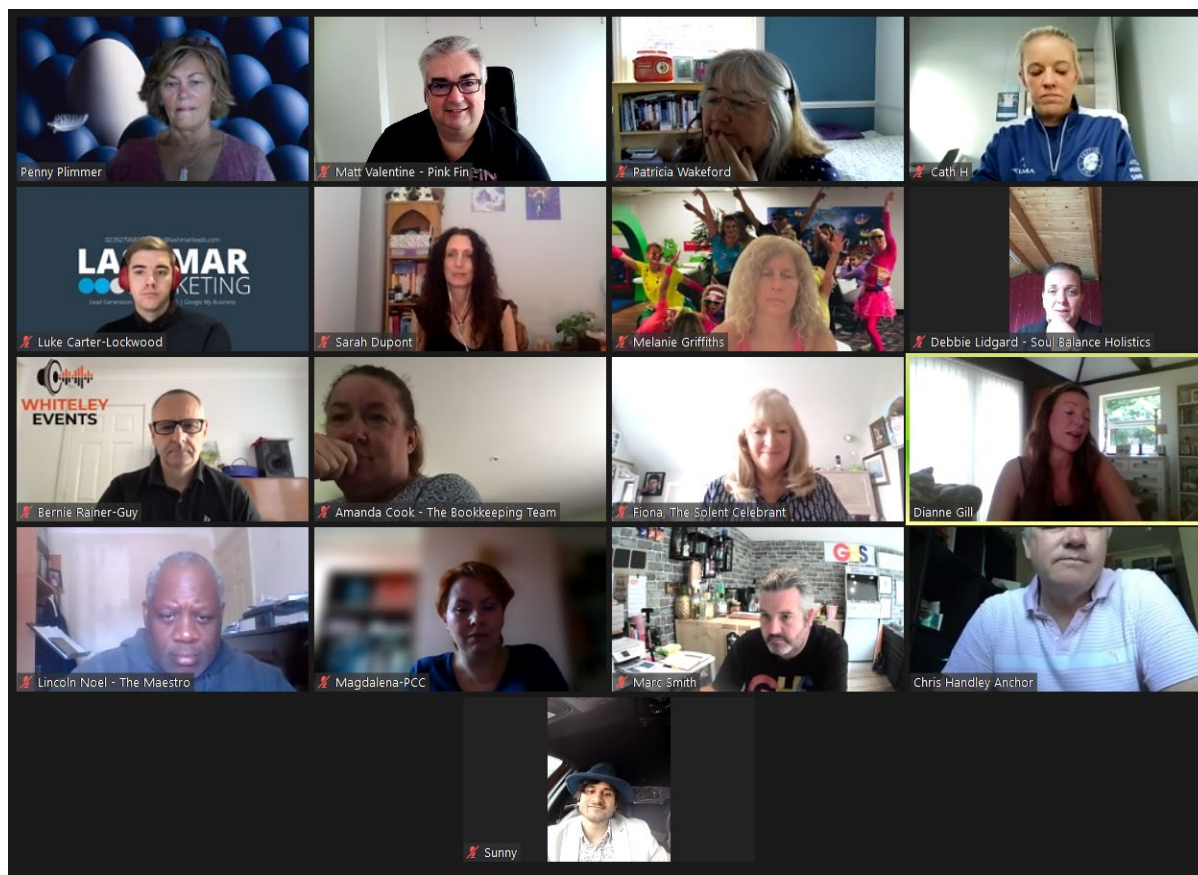


## PBE Zoom Meeting Minutes 11-08-2021



Present: 19 people this time.

This week's Zoom meeting.

### 60 Seconds from everyone:

60 seconds from each of us, seeing how we've got on the past week and also how we can help each other in business and any other way.

### Matt Valentine – Pink Fin

I increase business for my clients by ensuring they have a great business website. I'm here to help companies that tick the box for having a website that will turn off clients. I will help them turn on their clients! So they want to do business with them.

### Luke Carter-Lockwood – Lashmar Marketing

Portsmouth marketing agency. Google My Business, Website design, SEO and Google Ads. Helps you get return on investment. Our marketing is only available to one company per area per industry so we can give you the best possible support

### **Patricia Wakeford – Enable Law**

Ex nurse and midwife who now helps people who suffer an injury from a medical operation. Patricia can help her clients unravel what's happened and can help people get compensation and help them in their life going forwards.

### **Fiona Heath – The Solent Celebrant.**

Create and conduct family ceremonies for important family occasions. Baptisms, Weddings, Funerals, etc. Helping a current client with conducting a baptism.

### **Ros Thompson – Bach Flower Practitioner**

Look to ease negative emotions with Bach flower remedies. Currently looking to help people with covid and long covid symptoms. Get in touch with Ros for more info.

### **Sunny Jay – Blue House Relocations UK**

National relocation company. Looking to get some units in Portsmouth as there is a big demand in Portsmouth. Looking to speak to landlords in the Portsmouth area.

### **Marc Smith – GHS Group**

The sexy world of heating and plumbing. Most suppliers are out of AC now until end of September. Boilers are a great time to change your boilers and Marc has a fantastic 14 year warranty boiler from ATAG. Get your boilers changed now before it starts getting cold.

### **Amanda Cook – The Bookkeeping Team**

Book keeping, accountancy. Help small businesses and sole traders with their accounts. If you're fed up of excel and manual records, give Amanda a shout as there's lots of new software out there to make your life a lot easier. Amanda can help you with this.

### **Dianne Gill – Dementia Support**

Helps people and their families who have been diagnosed with dementia both pre and post diagnosis. Helping them throughout their whole journey. If you know anyone who would like some support, please get in touch with Dianne.

### **Lincoln Noel – The Music Maestro**

Lincoln is a pianist and can perform for all kinds of occasions, weddings, anniversaries, etc. Lincoln has lots of experience and can help you make sure your wedding is the special occasion you want it to be. Lincoln also does music telegrams too, which is a fantastic unique gift.

### **Sarah Dupont – Hypnotherapy for Positive Change**

Sarah's been a hypnotherapist for over 25 years. She's helped all kinds of people with all kinds of issues. Mainly it's been for anxiety.

### **Melanie Griffith – The Movement Junkie**

Melanie does dance workshops, events, parties, both online and offline. All kinds of dance. Melanie specialises with people who say they can't dance.

### **Magdalena – Air Quality Officer for the Portsmouth Council**

The clean air zone is coming to Portsmouth in October 2021. There will be limits to what vehicles can do within the Portsmouth clean air zone. There is a dedicated website to look up all the details. You can enter your car registration number so you can check how it affects you. The registration number is in the chat.

### **Debbie Lidgard – Soul Balance Holistics**

Debbie can help you with any pain you have. If you think you've tried everything. Try Debbie! Any kinds of pains, migraines, chronic pains, etc. You need to speak to Debbie before you declare you've tried everything 😊

### **Cath Hough – Freedom Boat Club**

Members only boating club. There is a joining fee and then a monthly fee. You then have unlimited boat use of the four boats. This includes RYA training.

### **Steve Bimpson – Just Think BIG**

Steve is on a mission to help the success of small businesses and he does this by holding masterclass sessions with small businesses. He also runs free workshops to help companies grow. If you need anyone who's struggling with marketing and is looking for more help and understanding, get them in touch with Steve!

### **Bernie Rainer-Guy – Whiteley Events**

Provide tech and sound equipment to events whether they're big and small. From the O2 down to back garden events. Plenty of gigs going on at the moment and Bernie is flat out with events.

### **Penny Plimmer – JAPICS Photographic**

Studio based corporate and advertising photography. Currently photographing lots of products for a client which has a lot of glassware as well as other products. Penny also does headshots for people, providing fantastic headshot photos, making you stand head and shoulders above the rest!

### **Chris Handley – Anchor Insurance**

The sexy insurer. General insurance broker is able to help you with all kinds of insurance from personal, commercial, fleet car, car, holiday, events, etc. Any types of insurance, speak to Chris. If he can't help he'll know someone who can.

### **60 Seconds Winner for this week – Dianne Gill – Dementia Support**

#### **Next week's meeting:**

Get booked on now 😊 <https://www.portsmouthbusinessexchange.co.uk/pbeonline/>

Please look to invite people 😊. Everyone must book on here though please:  
<https://www.portsmouthbusinessexchange.co.uk/pbeonline/>